ADVERTISING

Living360

FAMILY

Looking out for those closest to you needn't cause stress. Whether you're trying to find the perfect school for your child, an easy way to improve their digital literacy or a holiday destination that meets both yours and your children's needs, this comprehensive guide will help you feel secure and confident in your family decisions.

HAPPIER AT WORK THAN IN LOVE?

Home can be a hard place to feel alone, especially for career couples who succeed everywhere else

At work they may be decisive, driven and in demand. At home, they might feel helpless, caught in the same argument or silence. Neither partner can break it. Nobody ever taught them how. Because love isn't just sentiment — it's strategy.

Andrea Love leads The Couple Therapist, a specialist practice for career couples. Whether distressed, distant or ambivalent, both parties can find refuge and a roadmap. Weekly sessions or half-day, one-day and two-day intensives can deliver real progress, real fast. Couples can come home to each other again.

● Scan the QR code for Kinder Conflict, a free guide to calmer conversations.
Book a free 30-minute consultation today.
E: andrea@thecouplетherapist.com
or T: 07966 594440
Sessions are online or face-to-face at The Love Clinic, Hassocks, West Sussex







BIG FEELINGS FOR LITTLE ONES

Helping children understand their feelings, believe in themselves and grow up emotionally strong

Born from founder Esther Marshall's personal experience of grief, Sophie Says creates books and resources that give young children the words and tools to understand their emotions.

Through colourful stories, relatable characters and simple, positive messages, Sophie Says helps parents tackle the conversations that aren't always easy, from big feelings and confidence to mistakes, resilience and being proud of who you are.

And every purchase goes further. Through its Buy One Donate One model, Sophie Says gives books to children who may not otherwise have access to them, helping more little ones feel understood, supported and big inside.

● Give your little one tools for life. Discover the Sophie Says collection at sophiesaysofficial.com

'IT JUST FELT LIKE US'

Academic excellence and great opportunities are just two reasons why families feel at home at Bedford Modern School

'It just felt like us; it felt like the right fit.' It's a sentiment often shared by families when describing why they chose Bedford Modern School (BMS). As the largest academically selective school in Bedfordshire, BMS combines academic excellence with an exceptional breadth of opportunity, helping students develop not only strong results but also the confidence, character and resilience to succeed long after they leave school.

At the heart of the school is its ethos of 'excelling together' — a commitment to partnership between students, staff and families. High expectations are balanced with genuine care, creating an environment where students feel supported, challenged and inspired to fulfil their potential.

BMS is also recognised as a leading co-educational school. With more than 20 years' experience educating boys and girls together and a broadly equal gender balance throughout the School, BMS has developed a culture in which all students can thrive, learn from one another and build the interpersonal skills that will serve them throughout life.



This commitment has received external recognition. For the second consecutive year, BMS was awarded *The Telegraph*'s highest, 'very good', rating for value for money, while also being commended in the Independent Schools of the Year Awards for its co-educational provision.



For many families, these accolades simply reinforce what they experience when they visit: a welcoming, ambitious and inclusive school where young people are equipped with the skills, confidence and character to thrive in an ever-changing world.

● BMS welcomes students aged seven to 18. Open day: 7 November 2026. Book a personal tour. Scan the QR code or visit bedmod.co.uk

Bedford Modern School.

UNPLUG AND CONNECT

Unplugged Tots encourages children to be the creators, not consumers, of their entertainment

While screens are integral to modern life, Hannah Hagon champions a balanced approach to young people learning digital literacy skills through unplugged play. The Unplugged Tots® and Unplugged Teens™ founder shows families that screen-free activities involving everyday, low-cost items can spark critical thinking, logical reasoning, pattern spotting and problem-solving skills in children aged two-and-a-half and up. In our AI world, these, alongside human skills, are more important than ever. Children are tomorrow's problem-solvers and by curating engaging opportunities using craft, baking and nature, adults can help them practice these skills. Tomorrow's workforce is built in today's living rooms with cardboard towers and giggles.

● "Unplugged Tots" (Raspberry Pi Press) gives parents and educators 100% screen-free, play-based activities that foster problem-solving, logic and creativity in a comic-strip style book. Order a copy rpimag.co/unpluggedbook



Unplugged Tots

THE SOUTH LEE WAY

South Lee Prep School & Nursery offers pupils subjects from music to drama, as well as Forest School

At South Lee Prep School & Nursery, every child is known, valued and encouraged to flourish from their very first day. As the only standalone prep school in the heart of Bury St Edmunds, South Lee combines close-knit warmth with outstanding facilities and a town-centre location. With classes of no more than 18 pupils, teachers have the freedom to tailor learning and inspire curiosity, offering French, Sport, Forest School, STEM, Music, Drama and the Arts from the earliest years. Academic ambition sits alongside nurture, building confidence and preparing children not only for their next school, but for what lies beyond.



● Join us for South Lee's open morning: Friday 27 November, 9am-12pm. Nowton Road, Bury St Edmunds, Suffolk IP33 2BT. T: 01284 754654 southlee.co.uk

ONE FAMILY, ONE SCHOOL

Inspired by Gospel values and committed to nurturing potential, Ratcliffe prepares young people to thrive

Set within 200 acres of beautiful Leicestershire countryside, Ratcliffe College is a leading co-educational HMC Catholic boarding and day school for children aged six months to 18 years. Founded on the educational vision of Blessed Antonio Rosmini, the college is guided by its mission, "Learning and growing in the light of the Gospel", fostering academic excellence, personal growth and spiritual development within a nurturing community.

From nursery and prep through to senior school and sixth form, Ratcliffe offers a seamless educational journey in which every child is known, valued and encouraged to fulfil their potential. Expert teaching, small class sizes and an ambitious curriculum are complemented by an exceptional breadth of opportunity across sport, music, drama, outdoor education, leadership and service. Committed to providing an all-round education for the whole child, the college nurtures intellectual curiosity, creativity, resilience and character.

Boarding lies at the heart of college life and brings a distinctive richness to the Ratcliffe experience. Full, weekly and flexible boarding options provide families with genuine choice, while offering pupils a welcoming home-from-home where friendships flourish and independence develop.

Ratcliffe College is recognised among the top 1% of schools nationally for A-level value-added performance, reflecting its ability to help pupils exceed expectations and achieve their very best. Through nurturing potential with passion and innovation, providing an all-round education for the whole child and creating a space to flourish and a space to belong, the college equips young people with the knowledge, character and resilience to lead purposeful and successful lives. Begin here, go anywhere







● T: 01509 817072 E : admissions@ratcliffecollege.com ratcliffecollege.com Ratcliffe College, Fosse Way, Ratcliffe on the Wreake, Leicester LE7 4SG

AIM HIGHER. GO FURTHER.

Expert physics tuition helping ambitious students build confidence, master exams and achieve top grades

Greenfield Physics provides specialist one-to-one online physics tuition for GCSE, IGCSE, A-Level and IB students worldwide. Founded by experienced physics educator and A-Level examiner Christopher Greenfield, it combines clear explanation with focused exam preparation and individual support. His 30-year career spans UK and international education, alongside extensive Space and STEM education, including astronaut and space-industry outreach. In 2026, its GCSE/IGCSE and AS/A-Level students achieved 100% Grades 7-9 and A*-B respectively.

Students work directly with Christopher, strengthening understanding, sharpening exam technique and building the confidence to aim for the highest grades.



● Ready to make physics clearer? Scan the QR code to discover Greenfield Physics and book a free consultation. greenfieldphysics.co.uk

GREENFIELD PHYSICS



FROM SEED TO PUMPKIN SMASH

Get ready for spooky season with a family trip to Rogate Pumpkin Patch, in The South Downs National Park

Celebrate autumn where countryside charm meets authentic inspiration. Returning for its 12th year, the patch offers a huge variety of different types of pumpkin and squash, from orange favourites to magnificent white polar bears.

Enjoy barrel rides, "Ghostbouncers", the "Cornblaster", "Pumpkin Sling", marshmallow toasting and much more.

Meet the Enchanted Bubble Witch and Miss Pumpkin, and discover handcrafted autumn scenes. Gather friends and family for a beautiful seasonal day.

● Open 16 October to 1 November, culminating in the one-day autumn finale, Pumpkin SMASH! Book tickets at rogatepumpkinpatch.com

ROGATE PUMPKIN PATCH

A RECORD YEAR FOR SHREWSBURY

Shrewsbury has achieved a record number of national awards for its whole person approach to education

The School is celebrating one of its strongest years for national recognition, winning accolades across multiple areas, from leadership to charitable work.

Among its latest honours in 2026, the School has won Best Partnerships in The Week Independent Schools Guide's Awards, Charitable Work Champion at the School House Awards and was selected as a finalist for Outstanding Fundraising Achievement in the Independent School of the Year Awards.

These successes reflect Shrewsbury's mission to ensure each Salopian feels valued, safe and inspired to pursue their personal bests and contribute positively to the world around them.

Its Partnership and Community Engagement programme has drawn praise for its scale and impact. In 2025-26, more than 1,100 pupils from Alpha Academies Trust took part in mentoring, academic enrichment and shared learning, supported by over 660 hours from 60 Shrewsbury staff.





Pupils raised more than £150,000 for charities and contributed over 850 hours of volunteering.

Further accolades include Tatler's Best Head of a Public School Award for headmaster Leo Winkley, being named in Spear's Schools Index of the top 100 private schools and an Education Choices Award for Working with Local Charities.

Headmaster Leo Winkley said: "As we approach our 475th year, we're very proud to have won three national awards highlighting our Partnership and Community Engagement Programme, which is central to our ethos of 'Survival of the Kindest'.

"All our pupils benefit from caring for and connecting with others and developing a strong sense of social responsibility.

"Behind each award are the pupils and staff who live our Salopian values every day — through volunteering, fundraising, mentoring and countless acts of kindness, commitment and encouragement."

● Discover Shrewsbury School, a leading co-educational boarding and day school for pupils aged 13-18. Visit shrewsbury.org.uk

BUILDING TRUE UNDERSTANDING

Aquinas Tuition is on a mission to help children understand and engage in learning

Inspired by the 13th-century Catholic philosopher, Thomas Aquinas, part of Aquinas Tuition's pedagogical mission is to help pupils truly understand what they're taught. Aquinas once said: "I have understood every page I ever read." Aquinas Tuition's bespoke learning model is centred on this philosophy and it's the company's belief that, with tailored support and true comprehension of subject knowledge, pupils thrive, often exceeding their own expectations.

Offering personalised tuition from professional teachers and exceptional subject specialists, Aquinas supports pupils in England and Scotland preparing for the 11+ and independent school entrance through to GCSE, A-levels and Scottish National Qualifications.

● Visit aquinastuition.co.uk for further information and to aquinastuition.co.uk/contact-us to book a complementary consultation. T: 020 3143 1701
E: info@aquinastuition.co.uk

AQUINAS TUITION



A STRONG START FOR YOUR CHILD

Holmewood House is a leading co-educational day and boarding prep school for children aged three to 13

Only 50 minutes by train from central London, Holmewood offers the perfect blend of academic rigour and the outstanding facilities of a country prep school. Pupils are encouraged to become creative thinkers, problem solvers and resilient individuals, developing the digital and life skills needed to thrive in a rapidly changing world.

Alongside consistently high academic standards, Holmewood provides more than 120 co-curricular opportunities. Pupils move on to leading senior schools at 13+, with more than 20 scholarships secured for 2026 entry. Its recently refurbished boarding house is home to a thriving community of local and international pupils, while its 50-week-a-year nursery provides outstanding early years care and education.

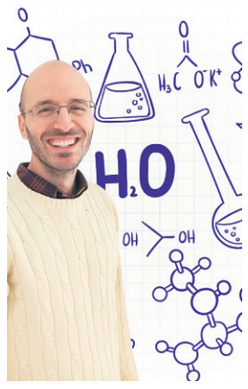
With facilities including a fully equipped theatre, squash courts, indoor swimming pool, astro pitch and acres of sports fields, Holmewood rivals many senior schools in the breadth of opportunities available to its pupils.

● Discover how Holmewood House could be the right fit for your family. E: admissions@holmewoodhouse.co.uk or visit holmewoodhouse.co.uk for more information.

MASTER GCSE & A-LEVEL CHEMISTRY

Expert tuition from an experienced teacher and A-level chemistry team leader examiner

Dr Fran Lopez has been an A-level chemistry examiner since 2014, later becoming a team leader examiner. A qualified teacher and specialist chemistry tutor since 2009, he's helped hundreds of students develop their understanding, confidence and grades. His personalised tuition supports students who need to strengthen their foundations as well as those seeking greater challenge and exam preparation. Drawing on extensive experience of GCSE and A-level chemistry teaching and assessment, Dr Lopez uses effective teaching strategies to help students identify gaps, develop strong subject knowledge and tackle examinations with confidence. An impressive 88% of students improve by at least one grade, with student satisfaction rated 4.9/5.



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● 100% money-back guarantee on the first lesson. Visit askfranchemistry.co.uk or E: info@askfranchemistry.co.uk

EXPERT 11+ TUITION

Personalised tuition to build confidence and clarity and help students reach their full potential

Tobin Tuition provides personalised, one-to-one online tuition, specialising in 11+ preparation and helping children discover their confidence and love of learning. Founded by Annmarie Tobin, an experienced educator with 18 years of teaching and leadership experience in international schools and over a decade at a leading prep school in Notting Hill, Tobin Tuition combines expertise with a genuine passion for nurturing every child's potential. Lessons are engaging, purposeful and tailored to individual needs, supporting preparation for leading independent schools and entrance examinations, including the London 11+ Consortium and ISEB. Residential in-person one-to-one tuition can also be arranged for families seeking dedicated support.

● Tobin Tuition. Expert tuition for 11+ preparation. Enrolling students for January 2027. Online and residential tuition. Visit tobintuition.co.uk
E: info@tobintuition.co.uk
Instagram: @tobin_tuition

